



L7W

Designed and made by Sally Ablett - Runner 1

Size of runner 24" x 48" - unfinished block size 12½" x 12½" - 4½" x 4½"



Main Diagram

Requirements

Fabrics from The Kitchen Garden collection:

1. A820.1 - Vegetable extravaganza on cream - fat $\frac{1}{4}$
2. A821.2 - Polka dot broccoli on light green - fat $\frac{1}{4}$
3. A822.2 - Beetroot stripe on light beet - fat $\frac{1}{4}$
4. A823.3 - Nasturtiums on garden green - fat $\frac{1}{4}$
5. A824.1 - Garden accessories on natural - $\frac{3}{8}$ yd
6. BB01 - White - $\frac{1}{2}$ yd - $\frac{1}{2}$ m
7. BB21 - Rock - $\frac{1}{2}$ yd - $\frac{1}{2}$ m

Wadding 30" x 52" – Backing 1 $\frac{1}{4}$ yd - 1 $\frac{1}{4}$ m

All measurements include $\frac{1}{4}$ " seam allowances; press each seam as you go. You need to join your fabric to get the length for the border strips.

Cutting

From fabric 1 cut

6 x 5 $\frac{1}{4}$ " x 5 $\frac{1}{4}$ " cut in half diagonally twice (block)

From fabric 2 cut

3 x 5 $\frac{1}{4}$ " x 5 $\frac{1}{4}$ " cut in half diagonally twice (block)

From fabric 3 cut

14 x 3 $\frac{1}{2}$ " W x 4 $\frac{1}{2}$ " H (border)

14 x 3 $\frac{1}{2}$ " H x 4 $\frac{1}{2}$ " W (border)

From fabric 4 cut

3 x 4 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ " (block)

From fabric 5 cut

12 x 2 $\frac{1}{2}$ " x 2 $\frac{1}{2}$ " (block)

From fabric 6 cut

3 x 5 $\frac{1}{4}$ " x 5 $\frac{1}{4}$ " cut in half diagonally twice (block)

12 x 2 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ " (block)

12 x 2 $\frac{1}{2}$ " x 2 $\frac{1}{2}$ " (block)

56 x 1 $\frac{1}{4}$ " x 4 $\frac{1}{2}$ " (border block)

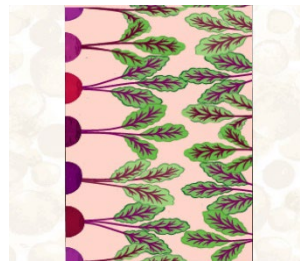
From fabric 7 cut

- 2 x 1½" x 46½" sides (outer border)
- 2 x 1½" x 24½" top & bottom (outer border)
- 2 x 1½" x 36½" sides (inner border)
- 2 x 1½" x 14½" top & bottom (inner border)
- 8 x 1½" x 4½" (sashing)

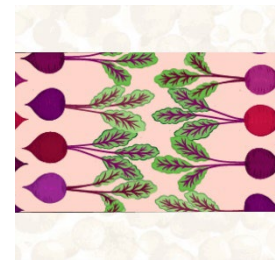
Making up the blocks



Block 1



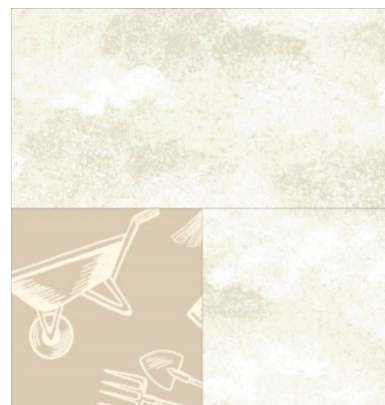
Block 2



Block 2 A

You need to sew three of block 1. All are made up in the same way.

Lay out your fabric pieces as in the block diagram. Start with the corner's pieces.



The corners of the block. Stitch your small squares together, press. Next sew the strips 2½" x 4½" to your work to make a square. Do the same to all the corner pieces.

Next make up the Four X block by sewing the small triangles together.

Then stitch the two halves to make a square. Do the same to all your Four X blocks.



Lay out the pieces for the block as in the diagram.

Stitch in rows, press. Now sew your rows together to complete the block. Do the same to the other two blocks.

Sew the three blocks together as in the main diagram.

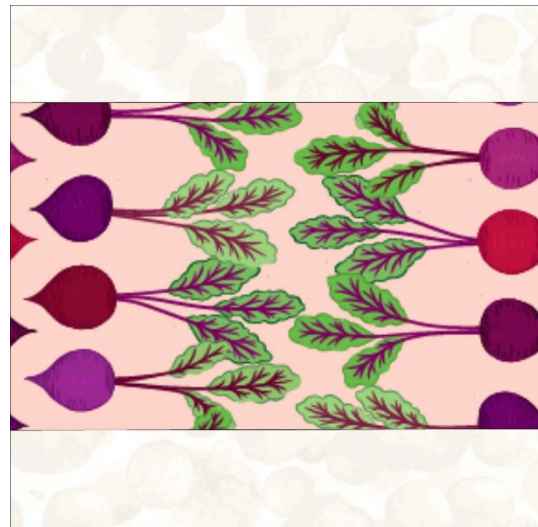
Inner border

Sew the sides strips to the runner and then the top and bottom.

Middle border



Stitch 14 like this and



14 like this.

Lay out the blocks as in the main diagram. Stitch them together in rows. On the sides you will add a strip of fabric 7 to each end. Sew them to the runner.

With the top and bottom blocks, you need to add some sashing in between the two outer blocks. Stitch to the runner.

Outer border

Sew the sides strips of fabric 7 to the runner and then the top and bottom to complete the top.

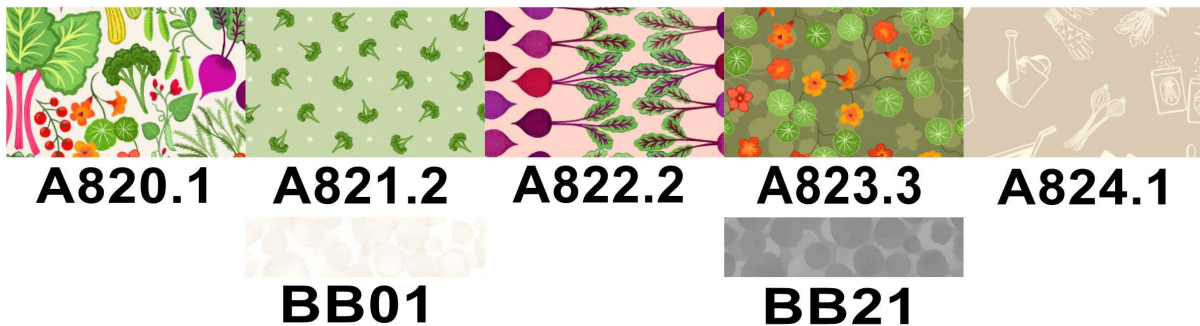
Quilting

Sandwich the quilt top, wadding and backing together.

Quilt by hand or machine as desired. You may like to quilt vegetables or just a cross hatch pattern.

Binding

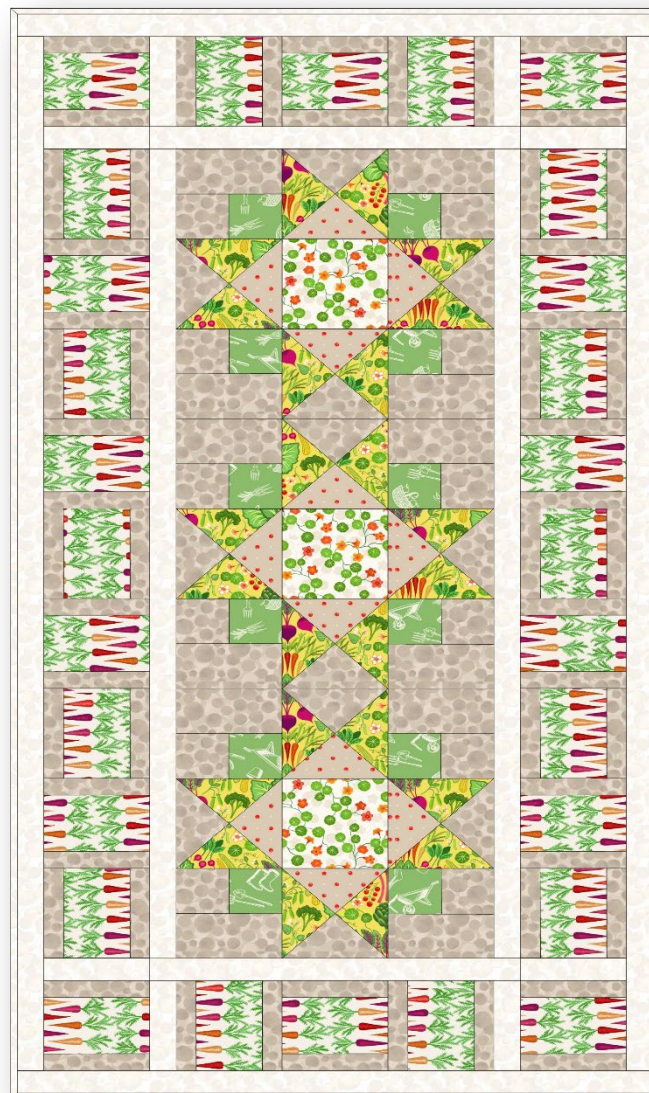
Use your favorite method from fabric 7 to bind the quilt.





Designed and made by Sally Ablett - Runner 2

Size of runner 24" x 48" - unfinished block size 12½" x 12½" - 4½" x 4½"



Main Diagram

Requirements

Fabrics from The Kitchen Garden collection:

1. A820.2 - Vegetable extravaganza on cream - fat $\frac{1}{4}$
2. A821.3 - Polka dot tomato on natural - fat $\frac{1}{4}$
3. A822.1 - Rainbow carrot stripe on cream - fat $\frac{1}{4}$
4. A823.1 - Nasturtiums on cream - fat $\frac{1}{4}$
5. A824.3 - Garden accessories on fresh green - $\frac{3}{8}$ yd
6. BB04 - Latte - $\frac{1}{2}$ yd - $\frac{1}{2}$ m
7. BB01 - White - $\frac{1}{2}$ yd - $\frac{1}{2}$ m

Wadding 30" x 52" – Backing 1 $\frac{1}{4}$ yd - 1 $\frac{1}{4}$ m

All measurements include $\frac{1}{4}$ " seam allowances; press each seam as you go. You need to join your fabric to get the length for the border strips.

Cutting

From fabric 1 cut

6 x 5 $\frac{1}{4}$ " x 5 $\frac{1}{4}$ " cut in half diagonally twice (block)

From fabric 2 cut

3 x 5 $\frac{1}{4}$ " x 5 $\frac{1}{4}$ " cut in half diagonally twice (block)

From fabric 3 cut

14 x 3 $\frac{1}{2}$ " W x 4 $\frac{1}{2}$ " H (border)

14 x 3 $\frac{1}{2}$ " H x 4 $\frac{1}{2}$ " W (border)

From fabric 4 cut

3 x 4 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ " (block)

From fabric 5 cut

12 x 2 $\frac{1}{2}$ " x 2 $\frac{1}{2}$ " (block)

From fabric 6 cut

3 x 5 $\frac{1}{4}$ " x 5 $\frac{1}{4}$ " cut in half diagonally twice (block)

12 x 2 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ " (block)

12 x 2 $\frac{1}{2}$ " x 2 $\frac{1}{2}$ " (block)

56 x 1 $\frac{1}{4}$ " x 4 $\frac{1}{2}$ " (border block)

From fabric 7 cut

- 2 x 1½" x 46½" sides (outer border)
- 2 x 1½" x 24½" top & bottom (outer border)
- 2 x 1½" x 36½" sides (inner border)
- 2 x 1½" x 14½" top & bottom (inner border)
- 8 x 1½" x 4½" (sashing)

Making up the blocks



Block 1



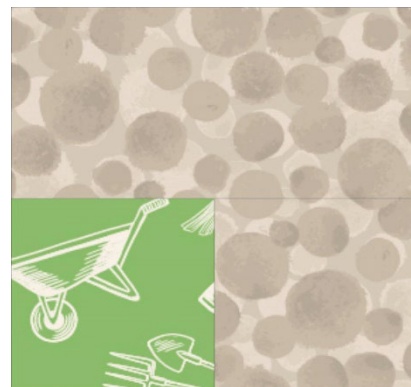
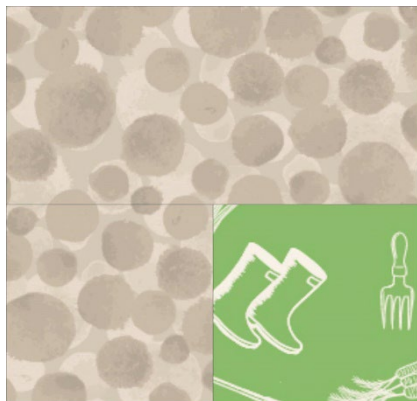
Block 2



Block 2 A

You need to sew three of block 1. All are made up in the same way.

Lay out your fabric pieces as in the block diagram. Start with the corner's pieces.



The corners of the block. Stitch your small squares together, press. Next sew the strips 2½" x 4½" to your work to make a square. Do the same to all the corner pieces.

Next make up the Four X block by sewing the small triangles together.

Then stitch the two halves to make a square. Do the same to all your Four X blocks.



Lay out the pieces for the block as in the diagram.

Stitch in rows, press. Now sew your rows together to complete the block. Do the same to the other two blocks.

Sew the three blocks together as in the main diagram.

Inner border

Sew the sides strips to the runner and then the top and bottom.

Middle border



Stitch 14 like this and



14 like this.

Lay out the blocks as in the main diagram. Stitch them together in rows. On the sides you will add a strip of fabric 7 to each end. Sew them to the runner.

With the top and bottom blocks, you need to add some sashing in between the two outer blocks. Stitch to the runner.

Outer border

Sew the sides strips of fabric 7 to the runner and then the top and bottom to complete the top.

Quilting

Sandwich the quilt top, wadding and backing together.

Quilt by hand or machine as desired. You may like to quilt vegetables or just a cross hatch pattern.

Binding

Use your favorite method from fabric 7 to bind the quilt.



A820.2

A821.3

A822.1

A823.1

A824.3



BB04

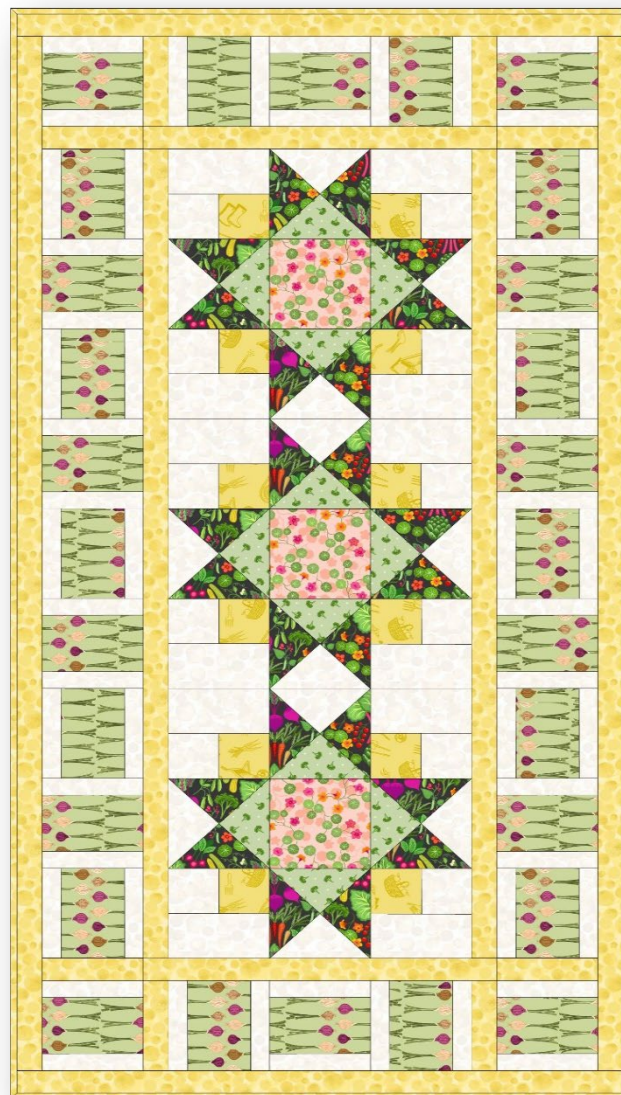


BB01



Designed and made by Sally Ablett - Runner 3

Size of runner 24" x 48" - unfinished block size 12½" x 12½" - 4½" x 4½"



Main Diagram

Requirements

Fabrics from The Kitchen Garden collection:

1. A820.3 - Vegetable extravaganza on yellow - fat $\frac{1}{4}$
2. A821.1 - Polka dot cabbage on cream - fat $\frac{1}{4}$
3. A822.3 - Onion stripe on green - fat $\frac{1}{4}$
4. A823.2 - Nasturtiums on light pink - fat $\frac{1}{4}$
5. A824.2 - Garden accessories on mellow yellow - $\frac{3}{8}$ yd
6. BB01 - White - $\frac{1}{2}$ yd - $\frac{1}{2}$ m
7. BB05 - Lemon - $\frac{1}{2}$ yd - $\frac{1}{2}$ m

Wadding 30" x 52" – Backing 1 $\frac{1}{4}$ yd - 1 $\frac{1}{4}$ m

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Cutting

From fabric 1 cut

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From fabric 2 cut

3 x 5 $\frac{1}{4}$ " x 5 $\frac{1}{4}$ " cut in half diagonally twice (block)

From fabric 3 cut

14 x 3 $\frac{1}{2}$ " W x 4 $\frac{1}{2}$ " H (border)

14 x 3 $\frac{1}{2}$ " H x 4 $\frac{1}{2}$ " W (border)

From fabric 4 cut

3 x 4 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ " (block)

From fabric 5 cut

12 x 2 $\frac{1}{2}$ " x 2 $\frac{1}{2}$ " (block)

From fabric 6 cut

3 x 5 $\frac{1}{4}$ " x 5 $\frac{1}{4}$ " cut in half diagonally twice (block)

12 x 2 $\frac{1}{2}$ " x 4 $\frac{1}{2}$ " (block)

12 x 2 $\frac{1}{2}$ " x 2 $\frac{1}{2}$ " (block)

56 x 1 $\frac{1}{4}$ " x 4 $\frac{1}{2}$ " (border block)

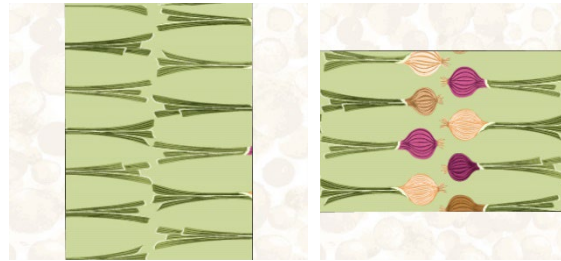
From fabric 7 cut

- 2 x 1½" x 46½" sides (outer border)
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- 2 x 1½" x 14½" top & bottom (inner border)
- 8 x 1½" x 4½" (sashing)

Making up the blocks



Block 1

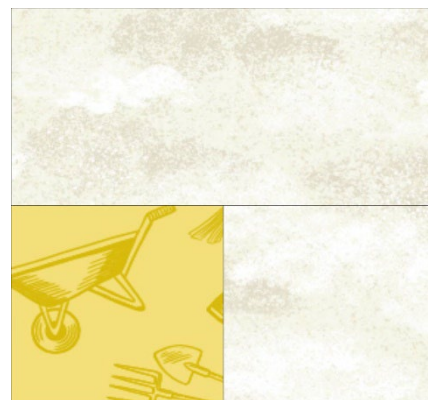
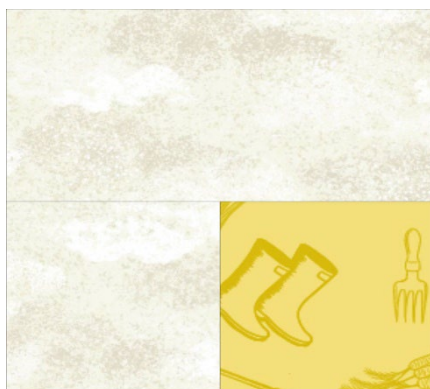


Block 2

Block 2 A

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Then stitch the two halves to make a square. Do the same to all your Four X blocks.



Lay out the pieces for the block as in the diagram.

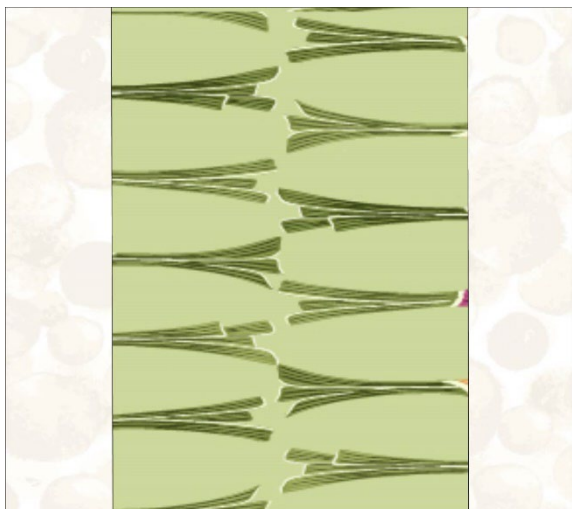
Stitch in rows, press. Now sew your rows together to complete the block. Do the same to the other two blocks.

Sew the three blocks together as in the main diagram.

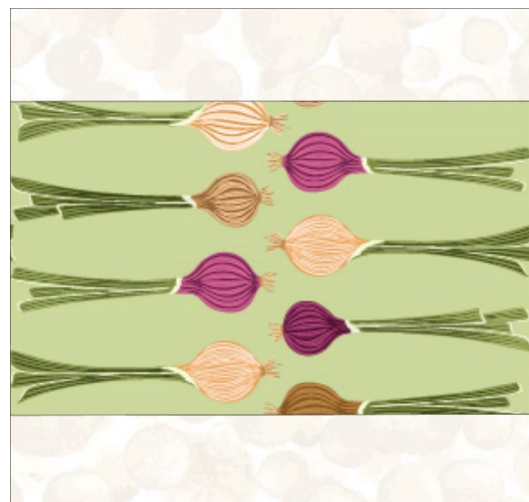
Inner border

Sew the sides strips to the runner and then the top and bottom.

Middle border



Stitch 14 like this and



14 like this.

Lay out the blocks as in the main diagram. Stitch them together in rows. On the sides you will add a strip of fabric 7 to each end. Sew them to the runner.

With the top and bottom blocks, you need to add some sashing in between the two outer blocks. Stitch to the runner.

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Quilting

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